How to put a face mask on and off safely

1. Before using a mask, wash your hands with soap and water or hand sanitiser

2. Cover your mouth and nose with the mask ensuring it is as close to your face as possible

3. Wash/sanitise your hands before removing the mask. Always remove the mask from behind (don't touch the front of the mask)

4. Dispose the used mask in a TfL/LU general waste bin and wash/sanitise your hands

Important information to remember

Avoid touching the mask while using it.
If you do, wash your hands with soap and water or use hand sanitiser

If you do work that already requires you to wear a mask, please use the mask that is required for that type of work (example: dust mask)